

# Goal Mapping for individuals



## Who's it for?

- From 1-1 coaching sessions to public events for up to 15 individuals
- Aimed at anyone interested in personal development, increased success and greater motivation and focus
- 09:30 - 17:00 including lunch (for public events), 1-1 coaching by arrangement

## Course Overview

In today's world we are dealing with constant and rapid change. Students are being educated and prepared now for jobs that don't even exist yet (the top ten in-demand jobs in 2010 did not exist in 2004), one in four workers has been with their present employer for less than a year and today's learners will have 10 - 14 jobs by the age of 38. Those who do not prepare themselves for change will simply be left behind....

Goal Mapping is the master skill for achievement in all areas of life, and is undoubtedly the most powerful self-development and empowerment programme available. To be happy and successful we must be very clear about what we want from life and set goals that inspire and motivate us.

***“The people who do not set goals are doomed to spend their lives working for the people that do”*** Brian Tracey

## Unlock your potential

Whether you are an ambitious business man or woman, a parent who wants the best for yourself and your family, a fitness fan who wants to improve your personal best, a retiree who's looking for a new purpose or have recently been made redundant and are seeking a new challenge, Goal Mapping offers clarity, direction and motivation. Live your best life!

*“This programme brought my life into focus in such a meaningful way. At a time of such great change we all need to be clear about our direction and Goal-Mapping does just that”*

Gill Fielding – Channel 4's Secret Millionaire

*“The positive impact Goal Mapping has made to my life is amazing. In just 3 months my life has changed for the better, dramatically. By following the simple steps of Goal Mapping I've already been able to achieve many of my goals”.*

Parmi Janagle - Landlord of the Year finalist

For further information and availability on this course please contact Mediawise Associates:

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