

Rachel Eltham

Presenter / Reporter

Rachel began her career in the corporate world rapidly moving through the ranks from computer programmer to technical specialist and into the senior management team as an IT and Business Consultant. She amassed a great deal of experience in developing and delivering courses ranging from technical training to management skills training.

Her passion for training and presenting led Rachel to pursue, and achieve, her dream of working in television. For the last 15 years she has worked as a Reporter and as a Presenter for many of ITV's companies including Border, Granada, STV and Meridian. As a reporter she has covered all types of stories from disasters and government failures to synchronized swimming and award winning rabbits!! As a Presenter she has fronted many news programmes including co-hosting a news review chat show on STV.

In 2007 Rachel founded Mediawise Associates and through this has found a way to combine her business acumen and corporate knowledge with her passion for presenting and inspiring children and adults alike.

Creating partnerships with leading self-development and accelerated learning companies, Lift International and Positively MAD, has allowed her to travel all over the country writing and delivering inspirational workshops and training courses.

Her work ethic is to “be the best you can be” and her personal motto is “if it is to be, it is up to me”.

